Product Name	Legal Name	Weight	Ingredients	Allergens - including cereals containing gluten, see ingredients in bold.	Name & Address	Other		Nutrition -Typical Values per 100g.							
				Please note: Please refer to product packaging for the latest product information, including allergens, as recipes may change.			Energy KJ	Energy kcal	Fat (g)	of which Saturates (g)	Carbohy-drates (g)	of which sugars (g)	Fibre	Protein	Salt
Jane Asher Chocolate Flavour Frosting	Chocolate Flavour Frosting	e 400g	Sugar, Palm and Rapessed Oil, Water, Fat Reduced Cocoa Powder, Humectant: Glycerine; Invert Sugar Syrup, Emulsifier: Mono and Di Gylcerides of Fatty Acids, **Soya** Lecithin, Whey Powder (**Milk**) Flavouring, Salt, Acidity Regulator: Citric Acid; Preservative: Potassium Sorbate; Stablisier: Xanthan Gum; : Ascorbyl Palmitate.	For allergens see ingredients in bold. Also made in a factory that handles nuts	T J Morris, Liverpool, L11 0JA		1736	415	19	11	59	56		1.2	0.58
Jane Asher Chocolate Fudge Cake Mix	Chocolate Fudge Cake Mix	e 490g	Chocolate Cake Mix (350g), Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)), Sugar, Cocoa Powder (5%), Rapeseed Oil, Raising Agents (E450 i), E500 ii), Flavouring, Chocolate Icing (140g): Icing Sugar, Cocoa Powder (8%).	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg, Milk, Soya.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	Just add 3 eggs, 100ml vegetable oil, 75ml water, 100g softened butter	1608	380	2.9	0.6	82	58	3.1	4.6	1.26
Jane Asher Sponge Mix	Sponge Mix	400g e	Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin, (B1) Sugar Rapeseed Oil, Raising Agents (E450 i), E500 ii), Flavouring	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg, Milk, Soya.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	Just add 3 eggs, 100ml vegetable oil,	1600	378	3.2	0.4	81	44	2	5	1.75
Jane Asher Vanilla Flavour Frosting	Vanilla Flavour Frosting	400g e	Sugar, Palm and Rapessed Oil, Water, Humectant: Glycerine; Invert Sugar Syrup, Emulsifier: Mono and Di Gylcerides of Fatty Acids, **Soya** Lecithin; Whey Powder (**Milk**), Salt, Flavouring, Preservative Potassium Sorbate; Acidity Regulator: Citric Acid; Colours: Titanium Dioxide, Carotene; Stablisier: Xanthan Gum; : Ascorbyl Palmitate.	For allergens see ingredients in bold. Also made in a factory that handles nuts	T J Morris, Liverpool, L11 0JA		1807	431	19	11	67	63		0	0.58
Jane Asher sultanas	sultanas	500g e	Sultanas (99.5%), Sunflower Oil.	May contain traces of Soya and Gluten	Community Foods, Witham, Essex, CM8 3YQ		1171	275	<0.5	<0.1	69	39	2	2.7	0.02
Jane Asher Scone Mix	Scone Mix	320g e	**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)), Sugar, Vegetable Oil (Palm, Rapeseed), Skimmed **Milk** Powder, Raising Agents (E450 i), E500 ii), Salt.	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg, Milk, Soya.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	Just add 150ml semi-skimmed milk, 1 x round cutter, 1 egg	1679	399	11	3.8	59	17	7.1	11.4	1.32
Jane Asher Pastry Mix	shortcrust pastry mix	450g e	Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)),Vegetable Oil (Palm, Rapeseed),Raising Agents (E450 i), E500 ii),	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg, Milk, Soya.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	just add 120ml water	1970	471	25	8.6	53	1.1	2.4	7.8	0.49
Jane Asher Lemon Drizzle Cake	Lemon Drizzle Cake mix	430g e	Lemon Flavour Cake Mix (350g), Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)),Sugar, Rapeseed Oil, Raising Agents (E450 i), E500 ii), Lemon Flavouring, Colour (E160a). Lemon Flavour Icing (80g): Icing Sugar, Lemon Flavouring, Citric Acid.	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg, Milk, Soya.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	just add 3 eggs, 100ml vegetable oil	1610	380	2.6	0.3	84	50	1.8	4.6	1.36
Jane Asher Brownie Mix	Gluten Free chocolate brownie mix	284g e	Sugar, Rice Flour, **Milk** Chocolate Chunks (Sugar, Whole **Milk** Powder, Cocoa Butter, Cocoa Mass, Whey Powder (**Milk**), Emulsifier: **Soya** Lecithin) Vanilla Extract) 8%, Cocoa Powder, Raising Agents:(E450 i), E500 ii) Flavouring, Stabiliser E415).	For allergens, including cereals containing gluten, see ingredients in bold. May contain traces of Egg.	Romix Foods Ltd, Leigh, Lancashire WN7 5QH	just add 1 egg and 30ml vegetable oil	1613	381	3	1.7	83	59	2.6	3.9	0.13
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